



INFORMATION PACKAGE



**BOARD OF
NATURAL MEDICINE
DOCTORS AND PRACTITIONERS**

"Empowering Healthcare Professionals"

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01 WELCOME

1.1 Congratulations on successfully completing your certification! On behalf of the entire Board of Natural Medicine Doctors & Practitioners, we are delighted to welcome you to our growing community of certified professionals. Your hard work and dedication have paid off, and we are thrilled to have you as a valued member of our organization.

As a newly certified member, you now have access to a wealth of resources, networking opportunities, and professional development initiatives designed to support and enhance your career. This exclusive community is here to empower you and provide you with the tools you need to excel in your field.

We have prepared this comprehensive info booklet to guide you through the benefits, opportunities, and support available to you as a newly certified member. We encourage you to explore its contents and take full advantage of all that our organization has to offer.

Once again, congratulations on your achievement, and welcome to the Professional Certification Board community. We look forward to supporting your continued success and watching your career flourish.

1.2 The Board of Natural Medicine Doctors & Practitioners (BNMDP) is a leading organization dedicated to upholding the highest standards in natural medicine through accreditation and support of holistic healthcare professionals. BNMDP focuses on fostering excellence in education, practice, and ethics within the industry. Learn more at bnmdp.org.

1.3 The purpose of this booklet is to provide newly certified members with essential information about the benefits, opportunities, and resources available through the Board of Natural Medicine Doctors & Practitioners (BNMDP). This guide serves as a roadmap to help you navigate and maximize your membership experience, ensuring you can effectively leverage your certification for professional growth and success.



02 MEMBERSHIP BENEFITS

2.1 This booklet highlights the numerous benefits of being a certified member of BNMDP, including access to exclusive resources and tools, networking opportunities with fellow professionals, continuous education and professional development programs, discounts on conferences and workshops, and enhanced recognition and credibility within the natural medicine industry. These benefits are designed to support your career growth, foster collaboration, and promote the highest standards of practice in the field of natural medicine.

2.2 As a certified member, you have access to a variety of networking opportunities designed to help you connect, collaborate, and share knowledge with fellow professionals in your field. These opportunities allow you to expand your professional network, stay current with industry trends, and contribute to the growth and development of your field.

2.3 As a certified member, professional development is essential for staying current with industry trends, enhancing your skills, and advancing your career. Our organization is committed to offering various opportunities to help you grow and excel in your field.

1. Continuing Education Programs: a. Participate in continuing education programs, including courses, workshops, and webinars, to broaden your knowledge and stay up-to-date with new developments. b. Earn required Continuing Education Units (CEUs) to maintain your certification and demonstrate your dedication to lifelong learning.
2. Conferences and Seminars: a. Attend national and international conferences and seminars to learn from renowned experts, discover innovative approaches, and gain insights into emerging trends. b. Present your research or work, fostering intellectual exchange and enhancing your professional reputation.
3. Mentorship Opportunities: a. Benefit from the guidance and support of experienced professionals through our mentorship program. b. Share your knowledge and expertise by becoming a mentor to help aspiring

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As a certified member, engaging in continuous learning is essential for staying current with industry trends and advancing your career. Our organization offers various opportunities to help you develop your skills, enhance your expertise, and maintain your certification.



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04 SCOPE OF PRACTICE

The Scope of practice of Traditional Natural Medicine consists of the assessment of body systems and biochemical imbalances through traditional natural medicine techniques, and the use of traditional natural medicine therapies and techniques to promote, maintain or restore health. These therapies include but not limited to:

Natural Medicine - Assessment

Non-invasive traditional functional assessment techniques, including basis vital signs which are standard in most healthcare and wellness settings:

1. Body temperature
2. Heart Rate or Pulse rate
- 3 Respiratory rate
4. Blood pressure
5. Oxygen level

Physical/Anthropometric assessment (height, weight, circumference of waist, wrist, and hip), noting physical appearance, as well functional as techniques such as; tongue, eye, skin assessment, nutritional interpretation of standard lab findings. Nutritional and dietary analysis, metabolic analysis, and non-invasive allergy screening.

NOTE: Traditional Natural Medicine/ Naturotherapy Practitioners are NOT allopathic Medical Doctors (MD) and must not engage in any allopathic medical practices unless licensed to do so.

Traditional Natural (Nature's) Medicine practitioners are clinically trained in the use of the following wide natural techniques:

Nutrition and Diet:

Natural Medicine Practitioners understand that nutrition is the basis of health. Adopting a healthy diet is often the first step towards correcting health problems. Many health challenges can be reversed with foods and nutritional supplements than they can by other means, with fewer complications and side effects. Practitioners may use specific individual diets, fasting, and nutritional supplements to support their clients.

Herbal preparation:

Plants have healing properties known since the age of man and were one of the first forms of medicine. Many pharmaceutical drugs have their origins in plant substances. Plant substances are used for their healing effects and nutritional values.

Homeopathic Preparation:

Homeopathic medicines are very small doses of natural substances that can stimulate the body's self-healing response without side effects. Some conditions for which conventional medicine has no effective treatments will respond well to homeopathy.

Natural (Nature's) Medicine Practitioners are not specialists in homeopathic diagnosis but are allowed to dispense combination homeopathic remedies.

Manual Techniques:

Natural (Nature's) Medicine practice includes methods of manual techniques of; soft tissues, joints, and bones, including, but not limited to instruction on exercises, aromatic (body) application, laser therapy, micro-current therapy, acupuncture and other non-invasive manual techniques, hydrotherapy, electrotherapies, and ultrasound.

Health Coaching:

Natural (Nature's) Medicine Practitioners are trained in counseling, nutritional balancing, stress management, hypnotherapy, and biofeedback techniques. They also attend to environmental and lifestyle factors that affect their client's health.



SCOPE OF PRACTICE

Emergency Medicine:

Natural (Nature's) Medicine Practitioners must be trained in wilderness medicine and or basic first aid and CPR and hold a current certificate of registration to practice.

ADDICTIONS COACHING/MANAGEMENT SCOPE: lifestyle Management counseling, stress management techniques, nutritional counseling, hypnotherapy and bio-feedback, Auricular techniques for addictions and stress such as the Nada, and Clinics for Humanity (TM) protocols, auricular therapy (tacks and seeds, magnets etc.) as well as counseling on environmental factors affecting wellbeing.

Designation: CAMP© Certified Addictions Management Practitioner

Note: Addictions Management Practitioners in Ontario-Canada

(5) A person is exempt from subsection 27 (1) of the Act for the purpose of performing acupuncture, a procedure performed on tissue below the dermis if the acupuncture is performed as part of an addiction treatment program and the person performs the acupuncture within a health facility.

Clarification on Tongue and Pulse Assessments

Pulse Assessment

Pulse assessment dates back to antiquity, Avicenna (981–1037 CE) Egyptians, Indian system of medicine, African system of medicine, Chinese system and many other but was made popular in western by the Santorio (29 March 1561 – 22 February 1636).

Pulse assessment is a tool within the scope of practice of all healthcare professions, regulated or non-regulated. It is within the scope of practice of western traditional natural (Nature's) health practitioners in North America since its inception.

Tongue Assessment:

The widespread adoption of tongue examination as part of western medical practice appears to be peculiar to the nineteenth and early twentieth centuries and extended to the Americas and Europe. John Haller, in a brief paper, suggests an eighteenth-century origin, although the clinicians he credits with its dissemination – John Abernethy (1764–1831) and François Broussais (1772–1838) – were, in terms of their working lives, largely early nineteenth-century. Tongue inspection, however, can be traced back to antiquity times within all cultures.

Tongue assessment is a tool within the scope of practice of all healthcare professions regulated or non-regulated. It is within the scope of practice of natural (Nature's) health practitioners in North America since its inception.



SCOPE OF PRACTICE CONT'D

We, as professionals in Traditional Natural Medicine Integrative Medicine, hold ourselves to the highest standards of ethics and conduct. As such, we would like to share the following principles that all active members of BNMDP agree to uphold:

1. All members of BNMDP, including Integrative Medicine Practitioners, commit to these principles in their practices.
2. BNMDP Practitioners swear the Hippocratic Oath, displayed in their office.
3. Patient interests always come first, and confidentiality must be maintained at all times.
4. Qualifications related to Traditional Natural Medicine and Integrative medicine should be prominently displayed.
5. Patients should be fully informed about fees and services.
6. Practitioners provide advice and therapies based on evaluation and analysis, without promising a cure.
7. Practitioners engage in a clear and compassionate dialogue with the patient.
8. Practitioners avoid treatments beyond their training or experience and seek assistance when necessary.
9. Practitioners maintain good rapport with other healthcare professionals and BNMDP members.
10. Practitioners recognize the value of techniques practiced by other providers, recommending such care to the patient and making referrals where appropriate.
11. Patients have the right to impartial access to Integrative medicine healthcare.
12. The patient has the right to privacy and participation in healthcare decisions.
13. Practitioners seek assistance when continued care is beyond their skill or capacity.
14. Patients have the right to seek a second opinion.
15. In the event of quitting a practice, practitioners ensure continuity of care.
16. Patients have the right to access their files, and practitioners should maintain such files for at least 5 years.
17. Practitioners establish a relationship of mutual trust with the patient, respecting their values and beliefs.
18. Practitioners cease treatment only for just and responsible cause.
19. Practitioners make every reasonable effort to be available and accessible to ill patients.
20. Practitioners keep full and accurate records of all patient interactions.

We urge all BNMDP members to uphold these principles and maintain professionalism in their practice of Natural Medicine and Integrative Medicine.

Sincerely,

The Board of Natural Medicine Doctors and Practitioners (BNMDP)



05 MENTORSHIP AND VOLUNTEERING

If you are interested in volunteering or mentoring with BNMDP (WONM-Clinics for Humanity™), an organization dedicated to advancing the well-being of humanity and providing humanitarian assistance, here's how you can get involved:

1. **Understand the Principles:** Familiarize yourself with the fundamental principles of humanitarianism upheld by BNMDP. These principles include Humanity, which recognizes the equal dignity of all individuals, and impartiality, which ensures assistance is provided without discrimination.
2. **Research BNMDP:** Learn more about BNMDP and its mission, vision, and programs. Explore their website or other available resources to gain a comprehensive understanding of their work and areas of focus.
3. **Identify Areas of Interest:** Determine which areas within BNMDP's initiatives align with your skills, interests, and expertise. BNMDP covers various aspects, including conflict resolution, traditional medicine treatment protocols, addiction management, behavioral health, self-care, education, and disaster relief.
4. **Contact BNMDP:** Reach out to BNMDP through their official channels, such as their website's contact form or provided email address. Express your interest in volunteering or mentoring and specify the areas you are most interested in contributing to.
5. **Share Your Skills and Experience:** Provide information about your professional background, relevant skills, and any previous experience in humanitarian work or related fields. Highlight any qualifications or certifications that may be beneficial to your desired involvement.
6. **Express Commitment:** Convey your commitment to the principles of humanitarianism and your willingness to dedicate time and effort to support BNMDP's mission. Explain why you are passionate about their cause and how you believe your involvement can make a positive impact.
7. **Attend Orientation or Training:** If selected, participate in any orientation or training programs provided by BNMDP. These sessions will help you understand the organization's protocols, guidelines, and specific requirements for your role as a volunteer or mentor.
8. **Collaborate and Engage:** Once accepted as a volunteer or mentor, actively engage with the BNMDP team and fellow volunteers. Collaborate on projects, share ideas, and contribute to the organization's initiatives with compassion, respect, and a commitment to alleviating suffering and promoting human welfare.

Remember, volunteering and mentoring with BNMDP require a genuine dedication to humanitarianism and a desire to make a positive impact. By joining their efforts, you can contribute to saving lives, alleviating suffering, and promoting human dignity in communities affected by conflicts, poverty, and natural disasters.



06 CAREER ADVANCEMENT

To advance their career at BNMDP (Board of Natural Medicine), new applicants can follow the steps outlined below:

1. **Understand the Mission and Standards:** Familiarize yourself with the mission statement and the standards set by BNMDP. Read through the information provided on their website to gain a clear understanding of their commitment to promoting professionalism, upholding high ethical standards, supporting research, and fostering education in Traditional Natural Medicine.
2. **Meet the Eligibility Criteria:** Ensure that you meet the eligibility criteria for certification. BNMDP accepts individuals who hold a doctorate or practitioner-level education in traditional natural medicine or have additional education in natural medicine from other healthcare disciplines. Make sure your educational background aligns with these requirements.
3. **Obtain the Necessary Education:** If you don't meet the educational criteria, consider pursuing further education in traditional natural medicine. Look for accredited programs that cover the fundamental principles and practices of the natural medicine modality you're interested in. Ensure that the program has qualified faculty members and offers clinical training opportunities.
4. **Apply for Certification:** Once you meet the educational requirements, submit an application for certification to BNMDP. Follow the instructions provided on their website or contact them directly for the application process. Be prepared to provide documentation and evidence of your educational background and any additional qualifications.
5. **Professional Development:** Continuously invest in your professional development. BNMDP emphasizes ongoing training and professional development opportunities. Stay updated with the latest research and advancements in traditional natural medicine. Attend conferences, workshops, and seminars related to your field. Consider joining relevant associations and organizations to expand your network and access resources for further learning.
6. **Adhere to Ethical Standards:** Uphold high ethical standards in your practice. BNMDP places a strong emphasis on integrity and ethical practice. Familiarize yourself with the code of ethics provided by the organization and ensure that your actions align with these principles.
7. **Networking and Collaboration:** Engage in networking and collaboration within the natural medicine community. Connect with other practitioners, both within and outside of BNMDP. Attend events and conferences to meet like-minded professionals. Collaboration can lead to new opportunities, shared knowledge, and a stronger professional network.
8. **Stay Informed:** Regularly visit the BNMDP website and stay updated with the latest information and resources they provide. Familiarize yourself with the scope of practice and any changes or updates in the field of traditional natural medicine.

By following these steps, new applicants can position themselves for career advancement within BNMDP. Remember to remain dedicated to the principles and values of Traditional Natural Medicine and actively contribute to the field through ongoing education and professional excellence.



07 FAQs & SUPPORT

This information is provided to address frequently asked questions and provide clarity on the topic of traditional natural medicine.

Q: What is traditional natural medicine?

A: According to the World Health Organization, traditional medicine encompasses the knowledge, skills, and practices rooted in the theories, beliefs, and experiences of various cultures. It is utilized for the preservation of health, as well as for the prevention, diagnosis, improvement, or treatment of physical and mental ailments.

Traditional Natural Medicine in North America focuses on the fundamental principle that ill health arises from a functional imbalance or disequilibrium within the body. Disease manifests as a collection of symptoms resulting from the body's efforts to restore homeostasis.

Practitioners of Traditional Natural Medicine are healthcare professionals who possess knowledge and experience in the application of safe, non-invasive therapies aimed at enhancing the body's inherent healing capacity, which is responsible for establishing and maintaining optimal health.

The term "Natural Medicine" is not limited to any specific group but rather encompasses all holistic healing modalities, groups, and philosophies. It excludes surgical procedures, pharmaceutical drugs, disease diagnosis and treatment, as well as the allopathic medical framework.

In North America, there are various groups of practitioners employing natural healing modalities. The following list provides clarification regarding the members within the designations of this organization:

PhD (DNM): Doctorate in Natural Medicine

CNP: Certified Nature's Therapy Practitioners

RNP: Registered Natural Health Practitioners

Traditional Natural Medicine/Nature's practitioners prioritize "education" on healthy lifestyle choices, non-invasive assessment techniques, and guidance in self-care and disease prevention, in accordance with the principles of traditional natural healing.

Naturopaths are regulated in certain Canadian provinces and U.S. states.

Q: Why Certification?

A: Certification is granted to members as an indication that their services meet established standards and confirm their level of education in natural medicine. Please refer to the information on certification versus licensure for further details.

Q: Why Different Organizations?

A: Canadian members are registered under the Natural Medicine Certification Council (NMCC), which is copyrighted and trademarked under Canadian federal laws. U.S. members, as well as members from South and Central America, are registered under the Board of Natural Medicine Doctors and Practitioners-North America, which is trademarked in the U.S. under U.S. patent and trademark laws.



07 FAQs & SUPPORT

Q: What is the Function of Affiliate Associations?

A: Affiliate associations serve as regional representatives and advocates for members within specific geographic areas. In Canadian regions where regulation is required by the province, associations may be established as provincial extensions of the Natural Medicine Certification Council (NMCC), consisting of active members of the organization. External associations, societies, or entities cannot claim affiliation or representation of members of this organization without legal authorization to do so. Organizations asserting affiliation must display an authorized emblem bearing the organization's logo.

Certification Diploma:

Certification is not equivalent to an academic degree, which must be obtained from an educational institution. Certification conferred by the USA entity (Board of Natural Medicine Doctors and Practitioners-North America) and the Canadian entity (Natural Medicine Certification Council) is not an academic degree. These organizations are committed to upholding the standards, principles, and philosophy of Traditional Natural Medicine.

Q: Can I practice with my certification in Canada?

A: Upon completion of your education from any of our affiliate partners, you are eligible for certification and permitted to practice on the American continent, including North America, the USA, Canada, South America, and Central America.

Q: Can I practice with my certification in the USA?

A: Upon completion of your education from any of our affiliate partners, you are eligible for certification and authorized to practice on the American continent, including North America, the USA, Canada, South America, and Central America.

Q: Will my diploma or degree from [name of educational institution] be accepted for certification?

A: Alongside educational institutions, potential members are considered for acceptance on a case-by-case basis. Please provide details regarding your diploma or degree for evaluation.

Please note that all communication should be conducted in the English language.



