



*BOARD OF NATURAL MEDICINE DOCTORS & PRACTITIONERS-
NORTH AMERICA (BNMDP-NA)
EXAMINING BOARD OF NATURAL MEDICINE PRACTITIONERS-
NORTH AMERICA (EBNMP-NA)
NATURAL MEDICINE CERTIFICATION COUNCIL (NMCC)*

Certifying sub-group of the World Organization of Natural Medicine.
Canadian Chapter of the Eastern American Naturopathic Association
Established since 1905

MEMBERS: ♦ CANADA ♦ USA

SCOPE OF PRACTICE

NATURAL MEDICINE - ASSESSMENT

Natural Medicine Practitioners/Naturopathy Practitioners traditional natural medicine practitioners trained with specialized focus in natural medicine modalities. In practice, Natural Medicine Practitioners perform non-invasive traditional functional assessment techniques to include the basis vital which are standard in most healthcare and wellness settings:

1. Body temperature
2. Tongue assessment
3. Heart Rate or Pulse rate
4. Respiratory rate
5. Blood pressure
6. Oxygen level

Physical/Anthropometric assessment (height, weight, circumference of waist, wrist and hip), noting physical appearance, as well functional as modern techniques such as, tongue, eye, skin assessment, nutritional interpretation of standard lab findings. Nutritional and dietary analysis, metabolic analysis, and non-invasive allergy testing.

NOTE: Natural Medicine Naturopathy Practitioners are **NOT** allopathic Medical Doctors (MD) and must not engage in any allopathic medical practices unless licensed to do so.

Traditional Natural Medicine Practitioners are clinically trained in the use of the following wide natural techniques:

NUTRITION AND DIET

Natural Medicine Practitioners understand that nutrition is the basis of health. Adopting a healthy diet is often the first step towards correcting health problems. Many medical conditions can be treated more effectively with foods and nutritional supplements than they can by other means, with less complications and side effects. Practitioners may use specific individual diets, fasting, and nutritional supplements to treat their patients.

HERBAL PREPERATIONS

Plants (all herbal preparations) have healing properties known since the age of man and was one of the first forms of medicine. Many pharmaceutical drugs have their origins in plant substances. Plant substances are used for their healing effects and nutritional values.

HOMEOPATHIC PREPERATIONS

Homeopathic medicines are very small doses of natural substances that can stimulate the body's self-healing response without side effects. Some conditions for which conventional medicine has no effective treatments will respond well to homeopathy.

Natural Medicine/Naturotherapy Practitioners are not specialists in homeopathic diagnosis but are allowed to dispense combination homeopathic remedies.

PHYSICAL/MANUAL TECHNIQUES

Natural Medicine practice includes methods of therapeutic manipulation of: soft tissues, joints and bones, including, but not limited to therapeutic exercise, massage, laser therapy, micro-current therapy, ultrasound therapy, acupressure, cupping therapy (all manual massage except RMT), hydrotherapy, electrotherapies, and ultrasound.

HEALTH COACHING

Natural Medical Practitioners are trained in motivational counseling, nutritional balancing, stress management, hypnotherapy, and biofeedback techniques. They also attend to environmental and lifestyle factors that affect their patients health.

EMERGENCY MEDICINE

Natural Medicine Practitioners must be trained in wilderness medicine and or basic emergency medicine and hold current certificate of registration.

ADDICTIONS COACHING/MANAGEMENT

SCOPE: lifestyle Management counselling, stress management techniques, nutritional counselling, hypnotherapy and bio-feedback, auricular therapy for addictions such as the Nada and WONM-Clinics for Humanity™ protocols, auricular therapy (tacks and seeds, magnets etc.) as well as counselling on environmental factors affecting wellbeing.

Designation: CAMP© Certified Addictions Management Practitioner

Note to: Addictions Management Practitioners in Ontario-Canada

(5) A person is exempt from subsection 27 (1) of the Act for the purpose of performing acupuncture, a procedure performed on tissue below the dermis, if the acupuncture is performed as part of an addiction treatment program and the person performs the acupuncture within a health facility.

Please see link here